



## **READ BEFORE ENTERING**



- Do not enter more than 15 minutes prior to your scheduled class time
- Do not enter if you are currently experiencing symptoms of COVID-19
- Do not enter if you have had direct contact with a person diagnosed with COVID-19 in the past 14 days (please allow 10 days from date of exposure before returning to class)
- You **MUST** wear a face mask upon entering **AND** during class **EVEN IF YOU HAVE BEEN VACCINATED** (only students who can provide signed documentation from their physician will be excused from this requirement)
- You are **STRONGLY ENCOURAGED** to receive a COVID-19 vaccination before joining classes (if you choose to join without being vaccinated please remember that you do so at your own risk)

Update May 16, 2021: Although the CDC has indicated that fully vaccinated individuals no longer need to wear masks, for the time being, Nisaa has decided to continue to require masks in the studio. Although the vaccines are very effective at preventing COVID-19 illness and reducing the risk of transmission, the risk is not zero. We are still learning how effective the vaccines are against new variants of the virus, and we are still learning how well the vaccines protect individuals with weakened immune systems. Many of your classmates have young children who are not yet able to receive the vaccine, and some have at-risk loved ones who cannot receive it. For all of these reasons, let's err on the side of caution and continue to wear our masks, at least for a little while longer.

**THANK YOU FOR YOUR COOPERATION!**  
**LET'S WORK TOGETHER TO KEEP EACH OTHER SAFE!**